



RECAP
Complete at
end of workday.

Month - Day - Year Total Miles Driving Today

**CARRIER
NAME &
ADDRESS**

Tractor Number(s)

Driver's ID / Code

I certify these
entries are true
and correct

Driver's Signature in Full

Trailer Number(s)

Co-Driver's ID / Code

Co-Driver's Name

On-duty hours
today. (Total
lines 3 & 4)

**70 Hour/
8 Day
Drivers**

A.
Total hours on
duty last 7 days,
including today.

B.
Total hours
available
tomorrow.
70 hr. minus A.*

C.
Total hours on
duty last 8 days,
including today.

**60 Hour/
7 Day
Drivers**

A.
Total hours on
duty last 6 days,
including today.

B.
Total hours
available
tomorrow.
60 hr. minus A.*

C.
Total hours on
duty last 7 days,
including today.

*If you meet the
34-hour restart
requirements in
§395.3, you have
60/70 hours
available again.

MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11
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1: OFF DUTY
2: SLEEPER
3: DRIVING
4: ON DUTY
(NOT DRIVING)

**TOTAL
HOURS**

REMARKS:

MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11

1/4 = 25
1/2 = 50
3/4 = 75

US 60 Hour
 US 70 Hour
 Fed Oil Field
 TX Oil Field
 Returned to normal work
location at end of day
Hours

5: OFF DUTY
Well Site

MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11

This line to be used only by drivers who qualify for special recording of "waiting time" at gas and oil well sites. (49 CFR 395.1(d)(2))

Shipper /
Commodity

of Days Off
Duty Includes
Today

Pre-Trip Inspection Signed
Post-Trip Inspection Signed

BOUND EDGE

Original File at home terminal
Duplicate Driver retains in his/her possession for eight days